



DAVID E. MORALES, MD



American Board of Plastic Surgery
ABMS Maintenance of Certification
Certification Matters

As a respected member of the Dallas plastic surgical community, Dr. David E. Morales is board certified in plastic and reconstructive surgery by the American Board of Plastic Surgery. Devoted to the field of plastic surgery, Dr. Morales strives to provide individualized attention to all his patients with an unwavering focus on every detail of their care. He is a graduate of the prestigious and celebrated Harvard Medical School. Returning to Dallas to train at the eminent Southwestern Medical Center Department of Plastic Surgery was an easy decision for this Texas native and University of Texas at Austin Longhorn.

"It's a privilege and joy to get to know and work with my patients, now for over thirteen years, applying the best of my artistic ability, medical knowledge and surgical technique to develop an optimal and safe operative plan to achieve your goals."

My career is going great and I am hoping to find that special someone! I watch my diet and exercise regularly. My hours are long and I think I look a bit tired and have some concerns about my body...

Sounds like you're doing all the right things! Protect your skin from the sun and smoke damage. Moisturize regularly and exfoliate every so often with something simple like Retin-A. For wrinkles from frowning and squinting, Botox® strategically applied, can look quite natural and is a terrific nonsurgical and economic option.

Problem body areas can be addressed specifically with shorter day surgery procedures with short recoveries and minimal time away from work. Liposuction can eliminate those stubborn bulges that never go away. Breast enhancement can add fullness where desired or correct asymmetries.

Now that my kids are in college, my husband and I are able to entertain our friends and travel more often. We've both remained active and would like our bodies to reflect our rekindled lifestyle...

Staying healthy is key. For all those other physical changes associated with having a family, work stress, aging or weight changes, plastic surgery can be quite helpful.

A tired appearance and wrinkling eyelids can be corrected. Early jowling or laxity in the face and neck can be addressed with shorter scar procedures, to keep you both looking youthful and energized. Small "touch-ups" along the way can help avoid dramatic transformations and keep you looking like yourself.

Liposuction is often a great option for body bulges. However, if skin is loose or damaged, removal and tightening is a more definitive and predictable solution. Skin laxity from pregnancy, for example, can be corrected with breast lifts and tummy tucks.

Retirement is a terrific sense of freedom. I think I'm busier now than when I worked! I want my outward appearance to reflect my inner energy and youthful spirit...

Staying active and engaged will always keep you youthful. For those changes associated with time, surgery can be carefully and safely applied to look your best at every age.

Skin care is still your best friend when it comes to keeping the quality of your skin at it's best. For areas where the tissues lack elasticity, facial plastic surgery can eliminate much of those problems, while keeping a natural appearance.

Over time, we may start to appear tired or sleepy. The same loss of body skin elasticity can start to manifest in our expression. Sagging eyebrows can be lifted and sleepy eyelids can be corrected. A fading jaw line and neck laxity can be tightened with face-lifting surgery, while maintaining an "un-operated" appearance. The idea should be to look and feel your best at every age!

3409 WORTH ST. SUITE 630, DALLAS, TX. 75246
WWW.DAVIDMORALESMD.COM | PH: (214) 827-8407

TRAVEL & RECREATION



GREAT ESCAPE

Lagoon-view villas at the Anantara Dubai The Palm Resort & Spa, a picturesque 293-room property that just opened on the Palm Jumeirah in Dubai

ISLAND TIME

Situated on the eastern crescent of the Palm Jumeirah, the awe-inspiring manmade archipelago just off the coast of Dubai, the new **Anantara Dubai The Palm Resort & Spa** presents an alluring combination of urban sophistication and the ambience of a remote island resort.

Overlooking the sparkling Arabian Gulf, the property features 293 guest accommodations, including 18 stunning overwater villas—the first in Dubai—with glass-floored viewing panels that reveal the turquoise water below. Many of the rooms include their own infinity pools or private beaches, and all have sleek modern furnishings, rich dark woods, oversized soaking tubs, expansive windows and terraces with unparalleled views.

For those who care to venture beyond their personal sanctuaries, the resort offers activities such as tennis and a decadent 10-suite spa along with a bevy of area excursions, from museum visits to dune riding. Culinary options also abound, with six restaurants spanning from Australian to Mediterranean to classic Middle Eastern cuisine. But perhaps the most charming feature is a nod to Anantara's Thai roots: floating market-style boats and traditional three-wheel tuk-tuks that transport guests across lagoons and around the immaculately landscaped grounds. So even though you are just minutes away from the heart of the city, at Anantara, you truly feel like you are many worlds away. *Nightly rates \$650-\$1,650, dubai-palm.anantara.com* —Amanda Friedman